

APPENDIX A

FIRST AID CASE AND KITS, DRESSINGS, AND BANDAGES

A-1. First Aid Case with Field Dressings and Bandages

Every soldier is issued a first aid case (Figure A-1A) with a field first aid dressing encased in a plastic wrapper (Figure A-1B). He carries it at all times for his use. The field first aid dressing is a standard sterile (germ-free) compress or pad with bandages attached (Figure A-1C). This dressing is used to cover the wound, to protect against further contamination, and to stop bleeding (pressure dressing). *When a soldier administers first aid to another person, he must remember to use the wounded person's dressing; he may need his own later.* The soldier must check his first aid case regularly and replace any used or missing dressing. The field first aid dressing may normally be obtained through the medical unit's assigned medical platoon or section.

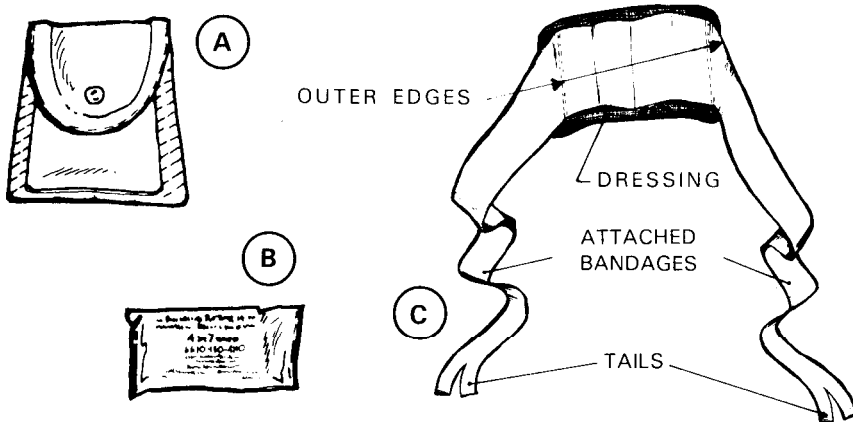


Figure A-1. Field first aid case and dressing.

A-2. General Purpose First Aid Kits

General purpose first aid kits listed in paragraph A-3 are also listed in CTA 8-100. These kits are carried on Army vehicles, aircraft, and boats for use by the operators, crew, and passengers. Individuals designated by unit standing operating procedures (SOP) to be responsible for the kits are required to check them regularly and replace all items used, or replace the entire kit when necessary. The general purpose kit and its contents can be obtained through the unit supply system.

NOTE

Periodically check the dressings (for holes or tears in the package) and the medicines (for expiration date) that are in the first aid kits. If necessary, replace defective or outdated items.

A-3. Contents of First Aid Case and Kits

The following items are listed in the Common Table of Allowances (CTA) as indicated below. However, it is necessary to see referenced CTA for stock numbers.

CTA	Nomenclature	Unit of Issue	Quantity
a. 50-900	CASE FIELD FIRST AID DRESSING	each	1
	Contents:		
8-100	Dressing, first aid field, individual troop, white, 4 by 7 inches	each	1
b. 8-100	FIRST AID KIT, general purpose (Rigid Case)	each	1
	Contents:		
	Case, medical instrument and supply set, plastic, rigid, size A, 7 ½ inches long by 4 ½ inches wide by 2¾ inches high	each	1
	Ammonia inhalation solution, aromatic, ampules, 1/3 ml, 10s	package	1
	Povidone-iodine solution, USP: 10%, ½ fl oz, 50s	box	1/50
	Dressing, first aid, field, individual troop, camouflaged, 4 by 7 inches	each	3
	Compress and bandage, camouflaged, 2 by 2 inches, 4s	package	1
	Bandage, gauze, compressed, camouflaged, 3 inches by 6 yards	each	2
	Bandage, muslin, compressed, camouflaged, 37 by 52 inches	each	1
	Gauze, petrolatum, 3 by 36 inches, 3s	package	1

CTA	Nomenclature	Unit of Issue	Quantity
	Adhesive tape, surgical, 1 inch by 1 ½ yards, 100s,	package.	3/100
	Bandage, adhesive, ¾ by 3 inches, 300s	box	18/300
	Blade, surgical preparation razor, straight, single edge, 5s	package.	1
	First aid kit, eye dressing	each	1
	Instruction card, artificial respiration, mouth-to-mouth resuscitation (Graphic Training Aid 21-45) (in English)	each	1
	Instruction sheet, first aid (in English)	each	1
	Instruction sheet and list of contents (in English)	each	1
c. 8-100	FIRST AID KIT, general purpose	each	1
	(panel-mounted) Contents:		
	Case, medical instrument and supply set, nylon, nonrigid, No. 2, 7 ½ inches long by 4 3/8 inches wide by 4 ½ inches high	each	1
In Upper Pocket	Ammonia Inhalation Solution, aromatic, ampules, 1/3 ml, 10s	package.	1
	Compress and bandage, camouflaged, 2 by 2 inches, 4s	package.	1
	Bandage, muslin, compressed, camouflaged, 37 by 37 by 52 inches,	each	1
	Gauze, petrolatum, 3 by 36 inches, 12s	package.	3/12
	Blade, surgical preparation razor, straight, single edge, 5s	package.	1
In Lower Pocket	Pad, Povidone-Iodine, 100s	box	10/100
	Dressing, first aid, field, individual troop, camouflaged, 4 by 6 inches	each	3
	Bandage, gauze, compressed, camouflaged, 3 inches by 6 yards	each	2
	Adhesive tape, surgical, 1 inch by 1 ½ yards, 100s	package.	3/100

CTA	Nomenclature	Unit of Issue	Quantity
	Bandage, adhesive, ¾ by 3 inches, 300s.....	box.....	18/300
	First aid kit, eye dressing.....	each.....	1
	Instruction card, artificial respiration, mouth-to-mouth resuscitation (Graphic Training Aid 21-45) (in English).....	each.....	1
	Instruction sheet, first aid (in English).....	each.....	1
	Instruction sheet and list of contents (in English).....	each.....	1

A-4. Dressings

Dressings are *sterile pads* or *compresses* used to cover wounds. They usually are made of gauze or cotton wrapped in gauze (Figure A-1C). In addition to the standard field first aid dressing, other dressings such as sterile gauze compresses and small sterile compresses on adhesive strips may be available under CTA 8-100. See paragraph A-3 above.

A-5. Standard Bandages

a. Standard bandages are made of gauze or muslin and are used over a sterile dressing to secure the dressing in place, to close off its edge from dirt and germs, and to create pressure on the wound and control bleeding. A bandage can also support an injured part or secure a splint.

b. Tailed bandages may be attached to the dressing as indicated on the field first aid dressing (Figure A-1C).

A-6. Triangular and Cravat (Swathe) Bandages

a. Triangular and cravat (or swathe) bandages (Figure A-2) are fashioned from a triangular piece of muslin (37 by 37 by 52 inches) provided in the general purpose first aid kit. If it is folded into a strip, it is called a cravat. Two safety pins are packaged with each bandage. These bandages are valuable in an emergency since they are easily applied.

b. To improvise a triangular bandage, cut a square of available material, slightly larger than 3 feet by 3 feet, and **FOLD** it **DIAGONALLY**. If two bandages are needed, cut the material along the **DIAGONAL FOLD**.

c. A cravat can be improvised from such common items as T-shirts, other shirts, bed linens, trouser legs, scarfs, or any other item made of pliable and durable material that can be folded, torn, or cut to the desired size.

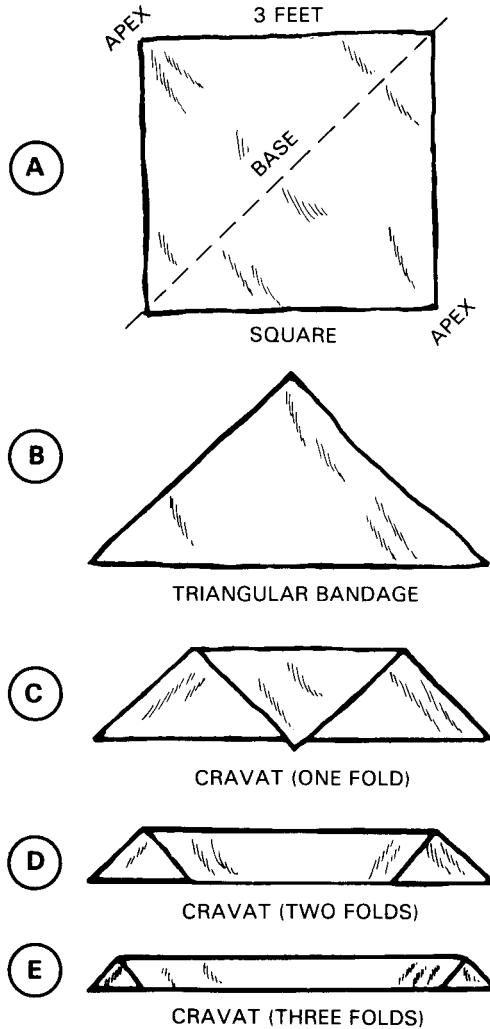


Figure A-2. Triangular and cravat bandages (Illustrated A thru E).

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